

# DONA Doula Training ♦ Breastfeeding Course

## Cocoa Beach, FL

### June 25-27, 2010

#### Course Schedules and Location

##### Breastfeeding Course

Friday, June 25  
9:00 am to 1:00 pm

##### Birth Doula Workshop

Friday, June 25  
2:00 pm to 8:00 pm  
Saturday, June 26  
9:00 am-6:00 pm  
Sunday, June 27  
9:00 am-4:00 pm

**What to Bring:** Bring pen, water, and snacks/lunch/dinner. There are also several restaurants in the area.

##### **Location:**

Cape Canaveral Hospital  
699 W Cocoa Beach Cswy  
Classroom C

**Directions:** From I-95, exit on King St/SR-520 and go east approximately 11 miles. Hospital is on the north side of the road. Call Rae's cell if you are lost—904-813-5822

##### **Birth Doula Training (\$275)**

This comprehensive 3-day course is for anyone interested in assisting women and families in having a satisfying birth experience. It is designed to guide participants in becoming expert labor support providers as doulas. It uses texts, supplementary literature, videos, and role-play to build theoretical knowledge and practical skills. Attendance constitutes one step in the process to become a DONA International Certified Doula (CD/DONA). Additional requirement information is available at [www.dona.org](http://www.dona.org).

##### **Breastfeeding**

##### **Requirement (\$45)**

This basic 4 hour course is required for birth doula certification. It will prepare doulas for providing information on breastfeeding and supporting the mother immediately after birth, and for the first few weeks postpartum.

##### **Recommended Reading**

These are a few of the books required for certification from the DONA reading list:

- *The Birth Partner* by Simkin
- *The Doula Book* by Klaus & Kennell
- *The Breastfeeding Answer Book*, LaLeche League Intl

Texts can be purchased on-line from DONA at [www.dona.org](http://www.dona.org) or call 888-788-DONA.



Rae is the doula providing support.

##### ***About the trainer:***

**Rae Davies** has been a childbirth educator for over thirty years and a DONA Doula Trainer since 1996. She is an IBCLC and is the Health Care Practices Task Force Co-coordinator for the World Alliance of Breastfeeding Action (WABA). Rae is currently the Administrative Director of International MotherBaby Childbirth Organization ([www.imbci.org](http://www.imbci.org)), and serves on the board of directors for the Florida School of Traditional Midwifery.

**Send Registration to:**  
The Birth Company  
P.O. Box 2346  
Ponte Vedra Bch, FL 32004

**For more information:**  
904-285-0028  
[www.thebirthcompany.com](http://www.thebirthcompany.com)  
[rae@thebirthcompany.com](mailto:rae@thebirthcompany.com)

**Registration Due:**  
**June 18, 2010**  
**\$25 Cancellation Fee**  
**PayPal accepted**

## Registration Form ♦ Cocoa Beach, June 25-27, 2010

Name \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

Phone/Fax/Email \_\_\_\_\_  
\_\_\_\_\_

**Courses attending:**  Doula Training \$275  Breastfeeding \$45