

DONA Doula Training ♦ Breastfeeding Course Macon, GA June 12-14, 2009

Course Schedules and Location

Breastfeeding Course

Friday, June 12
9:00 am to 1:00 pm

Birth Doula Workshop

Friday, June 12
2:00 pm to 9:00 pm
Saturday, June 13
9:00 am-5:00 pm
Sunday, June 14
9:00 am-4:00 pm

What to Bring: Bring pen, water, and snacks/lunch/dinner. There are also restaurants in the area.

Location:

TBA

Rae's cell 904-813-5822

Birth Doula Training (\$275)

This comprehensive 3-day course is for anyone interested in assisting women and families in having a satisfying birth experience. It is designed to guide participants in becoming expert labor support providers as doulas. It uses texts, supplementary literature, videos, and role-play to build theoretical knowledge and practical skills. Attendance constitutes one step in the process to become a DONA International Certified Doula (CD/DONA). Additional requirement information is available at www.dona.org.

Breastfeeding

Requirement (\$45)

This basic 4 hour course is required for birth doula certification. It will prepare doulas for providing information on breastfeeding and supporting the mother immediately after birth, and for the first few weeks postpartum.

Recommended Reading

These are a few of the books required for certification from the DONA reading list:

- *The Birth Partner* by Simkin
- *The Doula Book* by Klaus & Kennell
- *The Breastfeeding Answer Book*, LaLeche League Intl

Texts can be purchased on-line from DONA at www.dona.org or call 888-788-DONA.



Rae is the doula providing support.

About the trainer:

Rae Davies has been a childbirth educator for over thirty years and a DONA Doula Trainer since 1996. She is an IBCLC and is the Health Care Practices Task Force coordinator for the World Alliance of Breastfeeding Action (WABA). Rae is the past Executive Director of the Coalition for Improving Maternity Services (CIMS) and currently serves on the board of the International MotherBaby Childbirth Initiative.

Send Registration to:
The Birth Company
P.O. Box 2346
Ponte Vedra Bch, FL 32004

For more information:
904-285-0028
www.thebirthcompany.com
rae@thebirthcompany.com

Registration Due:
June 1, 2009
PayPal accepted—email
birthco@bellsouth.net

Registration Form ♦ Macon, GA June 12-14

Name _____

Address _____

Phone/Fax/Email _____

Courses attending: Doula Training \$275 Breastfeeding \$45